

Hi, My name is Laura. I have been coming to Crossroads Clubhouse for 3 years. I like coming to Clubhouse because it gives me something positive to do each day. It is usually fun waking up in the morning and catching the bus to Clubhouse and having a nice lunch and talking to people. Without Clubhouse everything would be really boring, I'd have to sit at home and listen to the radio and watch T.V. all day. Before Clubhouse I was at Mason Clinic – Tane Kaha Unit. I love being out in the community, the freedom to do what I want and I have a really nice C.O.R.T. flat which I enjoy living in. Having something to do each week day is really great. I have achieved a lot since coming to Clubhouse. I am definitely much more well now than I was when I first started coming to Clubhouse, in fact I am probably more well now than I have been for at least 10 years.