



Job title: Director

Name: Stephen Hart

Age: 32

Interests:

Music is something I try to be involved in outside of Clubhouse. I also like gardening, movies, home brewing and hanging-out!!

What interested you in mental health? To be honest when I first

started at Clubhouse my interest wasn't necessarily in working in the mental health field – I was simply looking for something interesting to do with my time. It sure is an understatement to say that I found it.

What is your favourite thing at clubhouse?

I love the fact that Clubhouse provides a place where anybody, no matter where they are in life, can walk in the door and find a place to contribute. In part, this comes from the Clubhouse model seeks out the strengths in all of us. But more importantly, it comes from the wonderful people who make up our community – providing a friendly, supportive and non-judgemental atmosphere. I also love the fact that on any day I am involved in so many different things – there wouldn't be too many other jobs that provide the variety and challenge of clubhouse.

What are your qualifications?

I have a Bachelor of Arts and a Bachelor of Commerce from Auckland University and I am currently completing the Diploma of Mental Health Support work at AUT.