# Chatters

A publication of Crossroads Clubhouse

## September/October 2012



Australia Bound!

### **Healthy Minds**

As a nation we celebrate Mental Health Awareness Week (MHAW) 8<sup>th</sup>- 14<sup>th of</sup> October 2012. We're prompted to keep our minds healthy with the slogan *connect, give, take notice, keep learning and be active*.

When reflecting on this slogan it occurred to me that members of Clubhouse are doing all of these suggestions through their involved in the Clubhouse community— that's pretty impressive. How are the rest of us going?

Our Clubhouse representatives Paul G, J.D and Stephen (see cover pic) will *learn* all they can, at the Australasian Clubhouse Conference in Toowoomba, Australia. We can't wait to have them back and hear all their news. We will be sure to fill you in on all the details in the next edition of *Chatters*.

During MHAW (and till the end of October) we are running a raffle, to raise funds for the 2013 Clubhouse Summer Camp. The camp enables members to breakdown barriers of isolation, form friendships and social *connection* as well as have some fun and recreation out of the city.

Local businesses have generously donated prizes including; a haircut valued at \$95, jewellery, dinning vouchers, art work, grocery's, a meat voucher and plenty more. Tickets cost \$2 and are on sale from October 8-31st. The raffle will be drawn November 1st. If you would like to purchase raffle tickets in support of the Clubhouse Summer Camp give us a call on 376 4267 or email admin@crossroadsclubhouse.org.nz

### The contributors to and the constructors of this issue of Chatters are:



The opinions expressed herein are not necessarily those of Arahura Trust or Crossroads Clubhouse.

## **Director's Say**

As I write this our Clubhouse representatives are in Toowoomba at the Bi-annual Australasian Clubhouse. Stephen, Paul and JD. And I am thinking what an incredible journey it has been for us to get them there. All the fundraised dollars and cents and different activities we've been doing over the last nine months, the disappointments of funding applications and the elation of what we raised from our gargantuan garage sale.

Then there was the preparation for uncertainty whether he would be able to will also support the Camp initiative. go or not.

and the fresh ideas that no doubt have been generated from attending the conference, which of course is the main pur- on were in with a chance. pose of attending.

On the home front there is always something going on at Clubhouse. We have a others have been successful with employ-Sausage Sizzle outside Bunnings coming ment applications. Patrick up. This is a fund raiser for a Summer

Camp for members. Another project we have been involved in is collecting donations in the form of products and services



the presentations that they were to give from the local community to be raffled (topics were assigned to us some time off as Prizes. The tickets go on sale at the ago). Then JD got himself a new job beginning of Mental Health Awareness (good on him) not long before he was Week on 8th October and will go on due to go to the conference and then the through to the end of October, proceeds

There is also a cake baking competition So now I can't wait to hear the stories that we are planning to enter for Supporting Families. We have several great bakers amongst our members, so I reck-

> There are three members we have supported this month with housing and two

## Newsflash

As this edition of Chatters goes to print, we are missing Clubhouse representatives attending the **Australasian Clubhouse Conference** in Toowoomba Australia. Nikki D caught up with the team before they left, check out p.8-9 for the low down!

In August we welcomed **Lise** to our staff team! We're really pleased to have her on board, she is making herself right at home in F.S.U. Check out her interview by Kerry on p.6.



Several members have become guest Chefs and booked in regular slots on the Clubhouse menu. Eugene's Super Fusian part 6 is pictured above.

Recently we wrapped up our **Entertainment book fundraiser**, with a total of 22 books sold. We raised \$245 in total. This money is being used to help cov-



er expenses for the team to attend the Australasian Clubhouse Conference. Thank you to all who supported us with this fundraising effort! We plan to continue this fundraiser in the future

Over the last few months the Clubhouse **Presentation Team** has been out and about promoting Clubhouse. In August we visited the staff team at WINZ, Grey Lynn and A.U.T Nursing students in September. Presentations are planned with Mason clinic and WINZ Queen St and Mt Eden. Members interested in being involved can talk to the Communication Unit.

Clubhouse **Numeracy & Literacy Group** kicks off early October, this is an excellent opportunity for those

## Newsflash

who would like to improve their reading writing or mathematical skills. Interested members can talk to Gary D or Stephen H.

The August **Social Rec** was a cultured occasion. Stephen and the crew visited a Wild Life Photograph Exhibition at Auckland War Memorial Museum, followed by a BBQ. In September Lise and a small group of members checked out some of the central city sites and enjoyed a picnic lunch at St Heliers beach, (see p. 12-13).

Planning is underway for the **2013** Clubhouse Summer Camp. As mentioned profits from the Clubhouse fundraiser raffle will go toward covering the cost of running the Camp. Camp meetings will be a regular occurrence, starting October 4th. We're

looking for input from members keen to attend camp.

Fierce competition has been building ... with annual Clubhouse **Feetbeat** competition underway. Four teams of members and staff have been recording their daily exercise to compete for the title and prize. 'The Stunningly Handsome and Beautiful Creations' are leading the way with recording stats... but I hear the 'Usain Bolters' are a force to be reckoned with!



The Clubhouse Vegetable Garden has been getting plenty of regular attention from Kerry. There will be produce a plenty for the kitchen and also available for members to purchase. Keep an ear out for more information.

## Hi Lise!

## We're delighted to introduce our newest staff member Lise. Kerry fires the questions in true gentleman style...

#### Kerry: What was your previous employment in mental health services?

Lise: Head host at Te Ata, Keeling Rd, West Auckland, dealing with members, supporting cooking, etc. Previous to that a community support worker specific to mental health at Healthcare NZ in Hamilton.

### Kerry: What was it that attracted you to Crossroads Clubhouse?

Lise: I enjoy meeting people. My sister emailed me the position.

#### Kerry: How was the Interview?

Lise: I was nervous meeting Patrick the "Director" but also felt quite comfortable. Clubhouse was like a home, family environment, very welcoming. The second interview with David Breen, General Manager Arahura Charitable Trust, was more formal.



### Kerry: What do you like best about Clubhouse?

Lise: You can be yourself and enjoy learning something new every day. Making mistakes, I don't feel like a failure because at least I've given it a go. It is a very rewarding environment to see and hear the members' satisfaction.

## Kerry: There has been positive feedback for FSU recently. To what would you attribute this success?

Lise: The input of members is really important and their participation is a reward for me.

### Kerry: What aspirations do you have?

Lise: I would like to see everyone try the FSU and contribute to baking and running of the kitchen.

### Kerry: What are your favourite activities in your spare time?

Lise: I enjoy catching up on my reading. Read almost anything, news, comics, thrillers. My passion is in music. I sing in karaoke bars and at finals for the competitions at the moment and listen to many genres of music. Singer, songwriter also — Watch this Space!

# David --Toowoomba Clubhouse

Virgin Australia. I'm from Toowoomba - born and raised there. I've spent 99% of my life in Toowoomba, popula-



tion 130,000. Places I have been are Adelaide, Sydney (Luna Park), Melbourne, Canberra, Newcastle".

"I design web sites (for seven including years), designing the Toowoomba Clubhouse website". Just re-

cently he was nominated for Toowoom-We were treated to a flying visit ba business excellence awards). And I have an interesting background: I'm fifth generation Aussie and family history includes a great great great grandfather who fought in the Battle of Waterba, median age 38 years, the only loo against Napoleon. He got caught on

David drives a 2001 Holden Commodore and takes it to the Toowoomba Toowoomba is the Aborigine name Clubhouse 3km away. He has been attending for 15 years. The second of four kids, there are older sister Sharon, then David, younger brother Peter and finally Judith. His lucky colour is gold 'cos his star sign is Leo — birthday 2<sup>nd</sup> August (1968) just four days before this interview. His parents passed away (dad five years ago, mum eight years

from David, who is helping with the Australasian Clubhouse Conference in September and looking forward to it. He loves Toowoomdown side being the people are a barb wire fence but survived. conservative including a lot of retirees.

for swamp. There are heaps of snakes in the bushland outside the city. Quite a few people come from overseas Clubhouses to visit, including from Fountain House, as well as from Stepping Stone, **Brisbane** 

"I was motivated to come to New Zealand though my first choice was Tahiti but I couldn't save \$2000. My flight ago) and he has no kids himself. from Brisbane was \$260 return: coming on Air NZ, going back to Brisbane on

# TOOWOOMBA 2 0 1 2

### with Stephen, Paul G & JD

The word Toowoomba has been flying around Crossroads Clubhouse for months now as planning and fundraising has taken place to attend the 10th Australasian Clubhouse Conference. To be held in Toowoomba, a town of about 150,000 people and located inland from Brisbane. The conference will bring together all the best ideas, practices and philosophies from the 2 NZ and 8 Australian Clubhouses. Nikki D caught up with Stephen and Paul G ahead of their departure.

The 10<sup>th</sup> Australasian Clubhouse Conference is being held September 23<sup>rd</sup> to 26<sup>th</sup>. The first date is Stephen Hart's birthday, all presents forwarded to Toowoomba adding to his luggage for the return journey. Stephen, Paul Gasparini, and JD Henry will confer there and deliver speeches. They have been asked to

speak on two topics the first is about welcoming new members and the second diversity in the Clubhouse. The second topic will cover diversity across cultures, age, religion, and gender.



Stephen says he is okay with snakes and spiders as he used to live in the Blue Mountains inland from Sydney.

Ten Clubhouses are attending from around the world. Accommodation is an old boarding school, done up for events. Main goals in attending include building relationships with other Clubhouses, skyping other Clubhouses when they get back, to keep up relationships, bringing back new ideas to improve Crossroads Clubhouse., and having fun. Our three participants are bound to come back fitter — through yoga routines each morning and bike rides to be arranged — if not fatter: all buffet meals and movie nights are covered by the

attendance fees

Paul is looking forward to the Too- as a store person or in clerical adminwoomba trip. It is his third time to Aus- istration. tralia with Clubhouse. Paul started writing and practising his speech in August, Gary De Forest is going to Brisbane but having googled race relations and Mao- off his own bat, not attending the conri culture to compose a paper contrib- ference but sight-seeing and visiting uting to this year's key theme.

Clubhouse member Chris R, Lebanese the descent

days a week and is looking at getting a job — maybe working in a warehouse,

Stepping Stone Clubhouse in Brisbane.

Paul can speak from experience on New Paul and JD are staying in Australia a Zealand's dominant religion, Christiani- few extra days. They will spend time in ty. He goes to the Marist Church in Mt Brisbane, catching up at Stepping Stone Albert and has Italian and, like fellow also. Paul met some of its members at 2004 conference. — Nikki Dixon

Paul comes to Clubhouse about four



# NO PLACE LIKE HOME

Gerard and Jason have both been on the move. Gerard made the long anticipated move from Mason Clinic to community living. Jason has been surfing another 'burb' while his former home gets renovated. Here's what they had to say...

### **GERARD'S STORY:**



Three weeks ago I moved to Recovery Solutions, (formally called Challenge Trust), supported accommodation in Henderson, West Auckland. I am living in a 6 bedroom house with two staff on site 24/7. There are three males up-

stairs and three downstairs. Each level has own amenities. We share the cleaning chores.

We have male and female staff. It took five weeks to fully transition from Mason Clinic but I stay at Mason Clinic one night each week. I am responsible for my shopping. I try to go for bike rides as much as possible, listen to music, do some planning, a bit of recovery stuff. I am looking for part time work at present. For the past 2 1/2 years I have been going through my recovery plan each week, sometimes with staff. Each weekend we go for van rides in Auckland area, to garage sales and the flee markets. I will be going for 1-hour walks as much as I can. There is a drop-in centre 5 days of the week that I can go; I see Dave & Lubi there they both look well. I am meeting new people wherever I go. I do think a lot of Clubhouse people when I am away.

Lots of Aroha to you all, Gerard Korewha

\* \* \*

### JASON'S STORY:

It was really upsetting at first shifting accommodation because we

had no choice. It was like, we've been here so long in Grey Lynn and now it's time to move on whether we're ready or not. I won't be able to visit Clubhouse every day like I used to. I'm very slowly getting used to the idea of course. The thing is, our new area brings back memories of when my family first lived in Balmoral and that feels good. First thing I did when I moved is go to

McDonald's and KFC and I get in the rhythm of being in Balmoral all over again. It's real handy to the dairy too, also close to Wendy's. I remember before, too, I was in Dominion Rd in a flatting situation not that far away. Being in Balmoral now means I should have better support. I have a nice small room complete with cupboards and racks. I had 18 bags of clothes, got rid of 10-12 of them -- threw them out because I like buying new clothes. I knew Carl and Big

Mac. my house mates from the Some past. of the other tenants recognise but don't reallv know. There are five of us that live there. And we get along alright. I got

driven over here to Clubhouse today because Affinity have four houses still in this area around Grey Lynn. They have a culture group with Herewini learning Te Reo, and also we go places like Takapuna, Mission Bay, Devonport, Sylvia Park.

\* \* \*

# **OUT AND ABOUT on** social rec

Pesa

um about 10 o'clock, spent about an hour looking around at a phospecial tograph exhibition featuring all kinds of animals from horses to birds, and



We left Clubhouse and got to the Muse- not able to find parking, turned back to

and we spent another half hour taking in the Maori and Pacific Island arts with a tv display of volcanoes as well as huge dinosaur skeletons from around New 7ealand.

Ngaiwi: "JD found something else to do when he was supposed to show up for Auckland Museum, St Heliers & Kohim- a boot-the-ball session (in The Domain). arama Beach (Sat 18th August) — From Then when we came back from St Heliers the tide was out." So Stephen had driven us as far as St Heliers, then,

> Kohimarama Beach. Here there was parking and a barbecue spot, but no swimming. Damon and Tony C and John M did the bbg sausages, sauce, onions, muesli bars and cordial. We had a talking sesh, then our feed. On the way home Tony (new

landscapes. The whole group went into one of the quiet rooms and we - Ngaiwi, Ra and I - sat down on a couch at one table looking at New Zealand landscape books - "spectacular" is Ra's word -- while the rest sat around the room, arranged like a lounge.

Stephen suggested we have another look around the Museum.



driver) dropped off John and me. An awesome day on "The Rec".

Auckland City- The Cloud, The Viaduct & St Heliers Beach (Sat 15th of Sept) - From Annissa & Craig H

Annissa: "I was part of the group going to visit The Cloud, at Auckland Wharf. Lise was the driver, she was a good host. The Cloud

was not open. We met at Clubhouse at 9am on Saturday. Seven people went including Lise. The weather was not the best. We had a walk around, it was a bit cold and wet. It was good to get



out and about". Craig: "We had a good trip. Had a good walk around. We had lunch at St.Heliers in the van-filled rolls and juice. Thanks interviewer – Nikki D".

## Olympic Highlights from Paul G



This year was the year of the Olympic Games. What a successful games New Zealand had. We won thirteen medals, a total that equals our best haul in 1988 in Seoul, South Korea. However this time we won more gold's, six in total. Only in 1984 Los Angeles that we had won more gold medals (eight).

We won gold in a range of sports from women's shot put to women's kayak racing. Rowing did well winning three golds, and two bronzes for New Zealand.

My two highlights of the Games were the Women's Black Sticks (hockey) only lost to the world number one and eventual gold medallists the Netherlands on penalty shot after extra time and New Zealand's men football 3 to nil loss to eventual runner up Brazil. Brazil played beautiful soccer.

During the Olympics New Zealand won its 100<sup>th</sup> medal over all at all Olympics Games. What a proud record for such a small nation.

I'm currently a member of Crossroads. I'm really keen on getting involved in doing things at Clubhouse... I feel a sense of familiarity that slowly people are getting to know me and to know the things I am able to do. Financial data entry, mail, cooking, job searching, reception, money counting, working the till, general maintenance, home care jobs, and chairing meetings. So I am really able to turn my hand to a lot of different jobs. I really want people to

know that I am keen to get involved, sometimes I feel left out and do need to be helped along to

do things. I can't always do things by myself but if I have got the support from others there is a lot I can do. I would like to have regular time to set goals and objectives. I regularly look at the job board and sometimes I do job searching on the computer. I also help to keep the board up to date. I want

people to know that I am a reliable kind of guy, I am punctual and I keep myself clean & tidy...
These things are important to



me.

Hi, I'm

Paul D

Now that dad's died I live in my own flat in Sandringham by myself, independently, but I do continue to get lots

of support from my family. I have been working at CCS in paid work for about a year now. It's for three hours a week in the warehouse part sorting out Bic pens and putting them in containers. I would like now to expand my working options.

### **LUBI'S LEGACY**

A few weeks ago the Clubhouse welcomed back Dave & Lubi Bulog, who relocated two years ago for duty out west at Te Ata, Henderson. Now they are back every Thursday – and very welcome they are. They've been written about before, but no one has thanked the ones who are responsible for them in the first place – their parents. This issue: Lubi's mum and dad.

Martin Nikolic arrived from Croatia aged 17 in 1914 just weeks before the outbreak of World War I to escape conscription by the army. Croatia being a subjugated vassal state ruled by the Austro-Hungarian Empire, a strong ally of Germany in WWI, Martin was a subject of the ruling Hapsburg Dynasty and might have been imprisoned on Watchman's Island for the four-year duration of the war. To prove he was loyal to New Zealand, he climbed to the top of the flagpole of the old empire's consulate and tore it down. Still, he almost starved because his relatives here rejected him, employers wouldn't take on a "hostile alien" and there were no unemployment benefits then.

Saved by an older settler who took Martin under his wing and out to the gumfields to earn a living, he was out of the way of city police patrols that would have snapped him up as an undesirable not fit to live in polite society. Like other "Dalis" (named for Dalmatia in coastal Croatia) of the time, Martin and his mentor went kauri-gum digging in Northland – the solidified deposits of kauri sap being valuable then in making varnishes and other finishes. Still, it was a



hard, handto-mouth existence eased a little by fellow villagers from Croatia banding together to create enterprises that

outdid the Pakeha and Maori working independently. The disadvantage was that Croatian immigrants were restricted as to where they could dig, a containment strategy by the authorities.

Then he went farming northwest of Auckland. But he really made his fortune as a businessman in "sly grogging" during World War II on the black market, supplying brandy from a still to American servicemen based in and around Auckland and to speakeasies, secret grog-bingeing dens in private back rooms.

At the start of the war Martin had begun corresponding with a girl "back home", Tera, from a neighbouring village, chosen for him by friends. Tera wrote to him about a flaming cross that appeared in the sky to hundreds of local Christians, maybe a talisman hailing the defeat of the German and Italian forces that occupied and subjugated the country and subjected the people to atrocities. She left behind three generations of family and left in 1950 to join her fiancé in Auckland and start her own

Tera found Martin waiting at the Port of Auckland docks for her. They married, and the rest is history.

## Avid Reader

Diana P shares her thoughts on Tim La Haye's "Left Behind" series.

Hi there. Over the years I have been aware of this series, but discovered I have not been reading them in order at all. Years ago I read *The Remnant*. I had friends reading them too, so they didn't want to know what happened in that story.

After that I was given and read *Tribulation Force*, the second in the series. Same with *Nico-*

lae, the third, but I never read it. I did try reading the very first one, Left Behind, but couldn't get into it at the time. In the last few months I read the very last one, Kingdom Come, and people thought I was silly to predict — correctly — what happened in the end.

Finally, I realised *The Rising* started the whole story off so I read it, *The Regime* and *The Rapture. The Rising* is about the birth and growing years of the characters of the series. One main character is Nicolae

Carpathia, who is born in supernatural circumstances to become The Antichrist, an entity to end Time. The others start off with either no religion or a little, and their lives as



they become Christians. Many people, Chriseven tians, don't believe in rapture as a phenomenon. Churches in 2012 all over t h e world teach different doctrine.

Now I'm reading *Left Behind* again. I am in order and hope to read all the others in proper order as well. I do find it's easy to forget what you read if it was years ago. The books have a lot of action and some young people find them quite scary. Many church-goers today don't want to know about the future of the world. The biggest message of the books is to say they are fiction but as a Christian myself I love all the doctrine from the Bible that is carried through in their books.

### Memoir of Rob Harris



Roh Harris (Wiener?) painted himself as Aussie battler. raging against the odds loaded against him by a fickle world. He roamed cen-

tral Auckland nighttimes stumbling on the wrong people to annoy, thinking he was charming and befriending them. From my experience he only ever punched holes in walls, exasperated beyond enduring. He was one of few I've met in recent years who could put up a cogent argument for where the world was going and why, economically and politically. And his memorial arranged by Julian McCusker-Dixon at Ponsonby Baptist Church in early August told stories of many more talents. I once lectured him briefly on how he was boozing away so much potential, but he was numbing a deep grief never assuaged: his part in a fatal accident.

He rightly posited that you need money, transport, tools and materials to set up in business. Of these, he'd scrimped together the last two but was cleaned out by his best 'friend' and flatmate while in prison. Glazing was his trade and he took many stabs at

other businesses. One was chocolate packing and selling with Matamanogi B in 2003 about the time I first met them at the Warnock Street hq of Psych Survivors. Rob was happiest wheeling and dealing, always offering something way below market price to get his foot in the door. As could be predicted, it was easy to get it snapped off by cynics taking advantage. His commercial drive chose his name: maybe some buyers thought the chocolates were a spinoff of his famous worldwide coffee business.

Then came the tragedy. No blame accrued — the young woman's friends saying she had just stepped out from a row of parked cars. He was put inside for panicking and leaving the immediate scene — gone to a friend's place for comfort. The guilt ate at him. Matamanogi tried to get him grief counselling but the powers referred him to substance rehab. The week before he was pushed off Rob told me happily that he was going to try rehab again. Who knows if he would have made it this time? Lingering in an induced coma, just two friends were allowed to see him, a poor substitute for estranged kin. He'd once phoned wrong numbers around Queensland looking for his mother, once a motorbike champion, and his sister, of whom he was just as proud. Who knows over those last few days whether his thoughts drifted back to the stories of a distant boyhood he had so often told and retold his best friend and confidante, Matamanogi. — G A De Forest

## PHILATEPHILIA PHOBIA

When we were boys aged 10 and 11 almost all my friends 'collected' stamps — Paul, Patrick, Barry, Greg, Wayne, Garry, Bruce. Then we damaged them, sticking them into albums with pasted hinges. Little kids destroyed stamps just licking and sticking. We went for the prettiest and biggest ones. I can't remember what I sacrificed to trade Greg's elongated triple-stamp issue from Sharjah celebrating the 1964 New York World's Fair. I only know whatever I swapped it was worth it.

Strangely, stamp collectors were almost always boys. (Girls did dolls, just one at a time.) There was only one shop selling stamps in Tat Norf. At eight or nine, from the other stationery shop, we wore colourful death's-head and phantom signet rings, gold with blue, red, green 'stones' - beautiful and threatening at the same time. When we got onto stamps us little toughies still indulged our yearning for beauty - soft as a deep-fried Mars bar inside but showing a macho exterior to the world. Others we picked up might be ripped but looked authentic. Even today I can't see the point of collecting 150year-old stamps that have been temperature and humidity controlled and look like they were printed yesterday – one more reason why I'm not a real collector. I always say I'm not a stamp collector - so very, very nerdy - but a stamp investor, with its ring of high finance. I

only ever indulge in stamp buying in spurts at low prices — getting a d d i c t e d bidding on



TradeMe for a month, then tearing myself away and being totally indifferent for two or three years. I buy old stamps, 80 to 160 years old. British ones with Queen Victoria's head on them increase regularly in value. Don't take the prices you see in a stamp catalogue as gospel — they need to be in very good condition too. On the other hand, if you strike the right rare one, face value maybe five shillings, and pristine , you might retire on the proceeds.

I now have about 30 or 40 albums, mainly countries I no longer want. At the time they were all irresistible. Now's the pay-off — sending albums overseas to auction houses in Europe, Australia, Canada, the US, and getting more than I paid. The dream is Bill Gates finding the one stamp he doesn't have from Schleswig-Holstein or Upper Silesia and paying well over the odds, way over. I hear there are now 16 billionaires in Africa richer than Gates. You have to keep an ear out for these things when you're in high finance (oops... delusions of grandeur with narcissistic overtones). Time, maybe, to sacrifice one more continent...

# Flat out Funny!

Every now and then Tony C has us in stitches with his hard case text messages, here's a sample of some favorites.

"Red Alert Alpha Bravo Delta Tango, The Tiger is down, hit by severe cold at approximately 2.59.59 Friday August 10th Damage assessment control unit evaluation is runny nose, watery eyes, main fuel tank rupture and landing gear failure. Emergency repair rescue crew have arrived at craft with fresh lemons, honey, panadol and vicks vapour rub, expect delay from the Tiger until full repairs completed. Fear not, for the Tiger shall return stronger and brighter than ever before; Tiger wishing Lise, Lara, Nadine,

Patrick and Stephen a great day; Alpha Brava Tango over and out. Thank you Anthoneus Primus Titanius Tiger Tony"

a day or two later...

"The Tiger is almost completely restored but the little Tiger has been advised by his wise counsel not to get his paws wet this afternoon [it was raining] so soon after getting well, but Tiger is feeling sad as Tiger has baked a peach banana cinnamon and mixed spice cake with a tasty choc icing but Tiger can't get to c/house to share with his other friends. Tiger is now worried that he may eat his cake as Tiger is licking his lips and Tiger thinks some one from Clubhouse pick-up from tigertown in van if u want, please hurry, Tiger only have so much self control then Tiger go Tigerilla and feed Tiger tumtumyumyum ok hope all well and feel free to high tail tiger down to pick up for afternoon tea, thank you Tiger. Says taataal".

## **Acknowledgements**

Thank you to the following businesses and individuals who donated items or services for our fundraiser raffle. We really appreciate your support!

> Pak in Save- Mt Albert Grey Lynn Butcher Soul Thai- Grey Lynn Gopal's Pharmacy- Grey Lynn Albany Jewellers Nikki Dixon **Sylex International** Entertainment Book Repco- Grey Lynn Lamadu The Warehouse Stationary- St Lukes Ode Records One to One Café Occam Cafe Gopals Pharmacy- Grey Lynn The Works Hair Salon

If you would like to support Crossroads Clubhouse by donating funds or items, please feel free to contact us

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